

# **Movora Principles of Fracture Repair Workshop**

### September 25-27, 2023 Thoresta Manor, Bro, Sweden

WORKSHOP AGENDA Subject to change slightly as the workshop approaches

DAY 1 - September 25

12:30-12:40 PM Welcome Introduction & Objectives

12:40-1:15 PM Principles of bone healing

11:15-1:45 PM Direct and indirect fracture reduction

1:45-2:15 PM Surgeon's toolbox – Part 1: Implants for osteosynthesis

2:15-2:45 PM Reconstructing fractures with cerclage and lag screws

2:45-3:00 PM Break

3:00-4:15 PM Lab 1: Tibial fracture repair (pin, cerclage, lag screw)

4:15-4:45 PM Surgeon's toolbox – Part 2: Materials and screws

4:45-5:15 PM Surgeon's toolbox – Part 3: Let's talk about plates

5:15-5:45 PM Q&A and discussion

5:45 PM End of first day



### DAY 2 - September 26

8:30-9:00 AM Radial fractures and surgical approach

9:00-10:15 PM Lab 2: Direct reduction distal radius fracture, T-plate

10:15-11:30 AM Lab 3: Indirect reduction comminuted radial fracture

**11:30-12:00 PM** Tibial shaft fractures and surgical approach

12:00-1:00 PM Lunch

1:00-2:15 PM Lab 3: Indirect reduction comminuted tibial fracture

2:15-2:45 PM Femoral shaft fractures and surgical approach

2:45-3:00 PM Break

3:00-4:30 PM Lab 4: Direct reduction of femoral shaft fracture (cerclage, bone plate)

4:30-5:15 PM Q&A and discussion

5:15 PM End of second day





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### DAY 3 - September 27

8:30-9:45 AM Lab 5: Indirect reduction comminuted femur fracture (plate-rod or double plating)

9:45-10:15 AM Bone grafts

10:15-11:00 AM Do's and Don'ts in fracture repair

11:00-12:00 PM Case discussions and final Q&A

12:00 PM End of workshop

#### INSTRUCTORS

Kris Camps

Sebastian Knell Dr. med. vet., PhD, DECVS

Lucas Smolders DVM, PhD, DECVS

